



**Save the Children**

## **FAST Programme: Application Form**

**Thank you for your interest in Save the Children's innovative collaboration with Families and Schools Together (FAST); the U.N, C4EO and CWDC endorsed parental engagement and community strengthening programme successful in 15 countries and 2, 500 schools.**

**FAST has an average retention rate of 80% and has been proven to improve educational and behavioural outcomes for children, to empower low income parents and to enhance local social capital.**

**If successful in your application, your site can expect to receive £26, 000 worth of training and quality assurance, as well as, systemic family and community support. Please note applications will only be accepted from Primary schools and Children's Centres. All enquiries for Secondary FAST should be via the FAST UK office at [Middlesex University Fastuk@mdx.ac.uk](mailto:Fastuk@mdx.ac.uk)**

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### **Will your site meet the following minimum FAST programme requirements?**

- 1. We agree to support development of a multi-agency FAST team, comprised of local parents from our site, community leaders, school staff and an adult mental health professional. Please circle.**

**YES      NO**

- 2. We agree to provide space for up to 4 groups of 10 families to meet for 8 weeks. Please circle.**

**YES      NO**

- 3. We agree to enable parent participants of the FAST programme to be involved in the preparation of the weekly FAST meal on school premises. Please circle.**

**YES      NO**

4. We agree to allow several school staff members to become part of the FAST Team. Please be aware that team members must take part in 2 days training, recruitment of families, 8 weekly FAST sessions, weekly team debriefs and a final half-day evaluation process. Please circle.

YES NO

5. We support the values of parent empowerment, early intervention and prevention. Please circle.

YES NO

6. We will support adherence to the FAST programme's robust monitoring and evaluation framework. Namely, for each FAST cycle parents will be supported to fill in pre and post questionnaires. Teachers will also fill in pre and post questionnaires for each FAST child. Data will be collected for cycle 1, cycle 2 and the annual follow up to cycle 1

YES NO

7. We will support the promotion of the FAST project by providing case studies, photos and opportunities for visits to the programme

YES NO

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Name of children's centre/school:

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Address:

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Applicant's name:.....

Applicant's job

title:.....

Head teacher or children's centre manager approval signature:

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**Please let us know of any other recent or current innovative practice that your site has initiated...**

**Please let us know about the demographic of your local community and the demographic of your site...**

**Community:**

**Levels of deprivation.....**

**Site:**

**Eligibility for Free School Meals.....**

**Breakdown by % of pupil ethnicity.....**

**Level of parental involvement.....**

**Why do you want to establish FAST within your site?**

**Thank you for your application. Save the Children will be in touch to let you know if you have been successful.**